

ANTI-WRINKLE PRE & POST CARE



You will be emailed a detailed explanation of your post care procedure before your appointment and your artist will also verbally explain it to you during your appointment.

Pre-Care

- Please avoid alcohol 24h before your treatment, & avoid cigarettes/vapes for at least 4h before but ideally longer.
- Do not take painkillers as these can cause bleeding.
- Discontinue any blood thinning medication IF you are safe to do so. Please consult your GP before coming off any medications.
- Please arrive without any foundation etc on your skin.
- ENSURE YOU HAVE EATEN a good meal ahead of your appointment (this is essential!)
- Ensure you are well hydrated.
- It is advantageous to be able to add or remove clothing layers for your comfort eg jacket or scarf, being too warm is not advised.
- Please avoid physical activity the day of your treatment to allow your body & resting heart rate to be relaxed.
- Please avoid applying makeup on the area/s you wish to be treated.

Post-Treatment Advice and Aftercare

Mild reactions such as bumps at injection site, redness, soreness, bruising and swelling are common for the first few days, we recommend not planning anything for after your treatment.

More uncommonly: allergic reaction, skin rash, headaches/neck ache, under/over correction, numbness, dropped eyelids or eyebrows due to the product spreading (if occurs, usually settles within a few days), dry eyes, worsening of eye bags, asymmetry, worsening of wrinkles in a nearby area, muscle spasms/twitching,

- Avoid cigarettes/vapes for at least 4h after but ideally for as long as possible.
- No alcohol for 24h or any other blood thinning properties eg aspirin.
- Keep upright for 4 hours, do not rub the area.
- Avoid hot baths or showers for 12 hours.
- Avoid applying makeup in the area for 24h after the treatment.

You will be offered a revision session 14-21 days post treatment should you need one eg if there is any asymmetry.

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