

LIPOFIRM PRO



Lipofirm Pro technology uniquely combines two technologies - TriLipo Radiofrequency (RF) and TriLipo and Dynamic Muscle Activation (DMA).

TRIPLE ACTION TRILIPO™ TECHNOLOGY: The triple action of TriLipo™ technology consists of RF deep volumetric heating combined with internal muscle contraction and external mechanical force which together yield maximum fat removal and lymphatic drainage as well as skin tightening. Long term body shaping is achieved in a minimal number of treatments. The RF energy generates heat through tissue resistance in both the dermal and subcutaneous layers. Selective and focused electro-heating of the skin stimulates and increases fat metabolism in the subcutaneous fat layer and collagen remodelling in the dermal layer. In the subcutaneous fat layer, the thermal effect accelerates the natural fat metabolism process and the release of liquid fat from the fat cells into the extra-cellular matrix.

DYNAMIC MUSCLE ACTIVATION TECHNOLOGY: Drainage of the released liquid fat is accelerated by simultaneously applying internal and external pressure on the fat layer. Internally, TriLipo™ Dynamic Muscle Activation (DMA) pulses stimulate the muscle layer causing the muscle to contract. This contraction elevates the muscle and pushes the fat cells up towards the surface.

APPLICATOR PRESSURE: Simultaneously, the pressure of the applicator presses the skin from above. The combined internal and external pressure increases the removal of the liquid fat via accelerated lymphatic drainage. The simultaneous effect of the RF and the forced drainage results in the homogenous heating and in accelerated blood and lymph circulation that optimizes tissue oxygenation and detoxification. In the dermal layer, focused RF energy heats the collagen fibers causing them to contract, resulting in immediate skin tightening and smoothing. In addition, fibroblasts' metabolism is accelerated leading to collagen regeneration and long term skin tightening and firming.

- ✓ Non-Invasive. ✓ Non-Surgical. ✓ Reduction of Fat. ✓ Face and Body Skin tightening. ✓ Instant and visible results achieved. ✓ It is the only platform that uses patented triple action method called TriLipo for inch loss. ✓ Clinically proven. ✓ Medical Platform.
- ✓ Effortless body shaping. ✓ Toning and firming of muscles. ✓ Enhanced blood circulation and oxygenation. ✓ Enhanced lymphatic drainage. ✓ Quick and easy "walk-in" "walk-out" treatment. ✓ No patient down time.

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LIPOFIRM PRO PRE & POST CARE



You will be emailed a detailed explanation of your post care procedure before your appointment and your artist will also verbally explain it to you during your appointment.

Pre Treatment Advice

- Please avoid alcohol 24h before your treatment.
- Avoid cigarettes/vapes for at least 4h before but ideally longer!
- Please ensure there is no fake tan in the treatment area.
- Avoid sun and sun-beds for 48h before your treatment. We can't treat over sunburn.
- Please do not take painkillers as these can cause bleeding & increase bruising.
- Ensure you are well hydrated and have eaten a good meal ahead of your appointment.
- Dress appropriately so we can access the treatment area without you getting too cold or hot. Please note that a clear lubricant is likely to get on clothing in the area - this washes off but you may want to bring spare underwear if treating the buttocks.
- Please avoid physical activity the day of your treatment to allow your body & resting heart rate to be relaxed.
- Please ensure there is no makeup in the area to be treated.

Post Treatment Advice

- After 48h you can massage the area to continue to aid the lymphatic drainage. You can use any gentle lotions including arnica cream which may help with any bruising.
- Drink at least 2L of water per day for 2 weeks, and for the entire course to help flush out the fat cells.
- Do not apply any harsh products to the area eg: cosmetics or acidic products for 12 hours.
- Avoid heavy food for 48h eg: pizza, burgers etc.
- Avoid consuming alcohol for 48h after, as alcohol thins the blood and will cause excessive swelling, bruising and pain. It can also affect results.
- Avoid smoking/vapes for at least 4 hours.
- Avoid tanning/sunbeds for the first 7 days plus any scenarios that include extreme heat eg: hot bath sauna etc.
- Avoid refined sugars & carbs where possible, and fizzy/sugary drinks. Fruit & veg, lean protein, and brown bread/rice/pasta and sweet potatoes are advised for carbs.

LIPOFIRM PRO POST TREATMENT



Possible side effects

- Mild reactions such as redness, soreness, a stinging sensation, bruising and swelling and tenderness/sensitivity are common for the first few days, some clients experience swelling/bruising for the first week & it can remain for a few weeks more. More severe bruising can happen, this can be down to your activity pre & post treatment, or the vascularity of the area. These bruises take longer to fade. Arnica (tablets and/or cream) can help.
- The result will not be fully seen until around 6 weeks later when all swelling has gone and the cells have completed their removal process. These results continue to improve over 12 weeks.
- You may experience increased passing of urine, it may also be stronger/darker in colour.

The healthier your body is, the better your long term results.

Separately, Radio Frequency can be used anywhere on the face/body to tighten the skin and increase collagen production and Muscle Activation (DMA) can be used on the main muscle groups to lift and tone.

When used simultaneously these technologies can reduce fat whilst tightening and toning

Number of treatments

A minimum course of 8 sessions per area is recommended for optimum results. These sessions can be between 1-3 weeks apart.

Maintenance appointments are advised for best long term results.

Though these treatments can give 'Instant' results - results continue to improve for up to 12 weeks post treatment.

If you are on any medications, have any health issues, or have any questions ahead of your treatment please get in touch with prior to your appointment.