

XTRACT TATTOO REMOVAL INFO



How you prepare for and care for your Xtract™ treatment will effect your results! You will be emailed a detailed explanation of your post care procedure before your appointment and your artist will also verbally explain it to you during your appointment.

Xtract™ is the perfect combination of science meets nature. A non-laser, holistic tattoo removal process which works synergistically with the cells & its patent pending INK Chelation Technology™ for the safe removal of ink, toxins and scar tissue - delivering the safest and most effective method for removing ink.

Xtract™ removal is a 3-part process:

1- Xtract™ activation serum is needled into the skin. This uses 1,3 Beta Glucan to stimulate the macrophage cells to release tattoo ink. It does this by tricking the body into thinking there is a yeast invasion in the worked area. Not only does this let the stagnant macrophage cells release the ink, but it triggers more macrophage cells to come to the area and remove the ink.

2- Xtract™ Withdrawal mask traps the ink at the surface of the skin removing 50% more ink than just the serum alone. It contains over 74 natural occurring minerals accelerating the healing process and reducing localised inflammation by increasing local oxygen. It utilises Ink Chelation Technology™ to draw heavy metals, toxins and allergens to the surface of the skin through a binding of positive and negative ions.

3-Xtract™ DNA Repair Serum contains patented Zinc Finger Technology which activates the body's natural remodelling process. It utilises AC-11 which is clinically proven to improve DNA repair by 33%.

- Xtract™ works with the whole body for the removal of ink and toxins by stimulating an immune response
- Xtract™ utilises AC-11 which is clinically proven to improve DNA repair by 33%
- Xtract™ can be used on all skin tones
- Xtract™ is safe to be used around the delicate eye area and through the body of the lip
- Xtract™ is the only removal method to be able to safely remove ink from areas of allergic reaction
- Xtract™ preserves the integrity of the skin and hair follicle
- Xtract™ can remove all colours of ink, including Reds, Carbon Blacks and Titanium Dioxide

The science doesn't stop with the ingredients. The aftercare procedures for Xtract™ are integral to the results. Please ensure you thoroughly read the pre and post care to ensure you are fully prepared for this treatment. You may need to buy extra products such as Xtract™ Repair, Heal or Block. You may also require extra dressings, micropore tape, silicone sheets etc. Multiple treatments are likely to be required.

XTRACT REMOVAL PRE & POST CARE



Pre Care

- Inform us of any medicines or health issues asap.
- Do not take Ibuprofen/Naproxen/Asprin/Blood thinners/Antihistamines, or consume alcohol for at least 48 hours prior to your appointment (do not discontinue any medications without consulting your doctor)
- Avoid caffeine, exercise and smoking for at least 12 hours.
- Discontinue use of retinals, vit A&C, AHA's, BHA's, exfoliants or professional peels for 4 weeks in area .
- Avoid sun exposure, no sunbeds and no fake tan for 2 weeks prior.
- Gently exfoliate the treatment area the night before your treatment.
- Do not pluck, wax, thread or tint your brows for up to 3 days before your brow treatment (if applicable)
- Please come with the treatment area free of products and makeup.
- You will have an open wound for a few days so please plan your social commitments accordingly.
- Ensure you are well hydrated.
- Get a good night sleep before your treatment this will help you relax and make the treatment more comfortable.
- It is essential that you eat well on the day of your treatment as it can be rather draining.

Post Care

With Xtract, we utilise a moist healing environment.

The first 2-3 weeks is critical for the healing and removal process. Keep the area(s) covered as much as possible with a thin layer of repair serum at all times (minimum of 2-3x per day). This allows the serum to penetrate more deeply and keeps the cells more pliable, encouraging more ink to be released.

During the first 48 hours

Keep the area(s) covered with Repair and Tegaderm barrier. After 48 hours, you may use a sterile non-stick of silicone bandage, along with Repair to keep it moist.

- To prevent the risk of infection, always wash your hands thoroughly with soap and warm water before applying the Repair serum and Tegaderm to the treated area
- It is critical to keep the area clean and dry, so avoid the below until the skin heals over or the scab falls off (roughly 2-3 weeks). Any contamination can cause: Infection, scarring, poor ink removal.

XTRACT TATTOO REMOVAL AFTERCARE



During the post treatment period / whilst scabbing is present - please avoid:

- Getting the area wet. Take quick, steam free baths/showers to keep the area(s) as dry as possible
- Excessive exercise/sweating/hot steam/saunas/swimming.
- Abrasive products eg towel/flannel/ exfoliants.
- Touching the area or picking the scabs - leave it completely alone.
- Sun/sunbeds! Please cover with hats etc if unavoidable.
- Fake tan, makeup or products (other than advised).

It is critical to keep the wound covered for 2-3 weeks, during this time the chelation of the treated area will ooze and look different in colour. The ink chelation can have a yellow or greenish tint. During this time we recommend keeping it covered with either a non stick dressing or a silicone bandage.

Additional Tips To Aid Fast Healing:

- Use fresh bedding
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of pigment and patchy healed results.
- No facials, Botox, chemical treatments or microdermabrasion for 4 weeks after treatment.
- Avoid sleeping on the procedure area for the first 10 days
- Avoid swimming, lakes, hot tubs until the skin is completely healed
- Avoid topical makeup including sunscreen on the area until fully healed.

If the treated area is below the elbow or knee, elevate for 10 minutes every 2 hours for 3 days.

If an infection or adverse reaction occurs at the site of the treated area, contact your technician immediately and seek medical advice if necessary. Signs to look out for are expanding or travelling redness in the perimeter of the wound, increased heat and swelling. Some oozing and discolouration is expected in this process but look out for foul smell or a distinct change in the look of the fluid.

After the scabbing has come away

- Apply factor 50 and protect the fresh skin from the sun to reduce the risk of hyper/hypo pigmentation.
- Continue to apply the Repair Serum to the area at night along with the Silicone Bandage up to 6 weeks or longer.
- After the removal process is complete the skin may appear pink for approximately 1-2 years.

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