

PERMANENT MAKEUP AFTERCARE



How you care for your Permanent Makeup is almost as important as the treatment itself when it comes to healed results. You will be emailed a detailed explanation of your post care procedure before your appointment and your PMU artist will also verbally explain it to you during your appointment.

Sometimes your artist will adjust your aftercare protocol depending on your skin type, however, as a guide..

Straight after your treatment the area will look stronger, bolder and darker. With brows they will also look warmer, and with eyes and lips there will likely be some swelling. Treat the area with care, follow instructions and do not get the area wet until the flaking has fully come away - except for the wash & dry routine advised on days 1 & 2.

DAY 1-2, Brows and Lips:

Gently wash the area with clean water (either bottled, distilled, or cooled boiled water) using small circles or strokes with clean hands - don't be too gentle! We need to make the skin is clean of all lymph or excess pigment. After washing, thoroughly pat dry each time - with clean kitchen roll. Again, be thorough with this. The area needs to be bone dry after each wash.

Repeat this every 2h or at least 3 times throughout both days (not over night!).

If you've had lip blush, after each wash/dry; apply a small amount of the balm provided with a clean finger.

Eyes:

-Clean your eyes as above but use a cotton bud (one per eye). Saturate one end with saline provided, thorough circles through the lash line and over the lid, flip to the dry side, and slowly pat dry. Repeat with a fresh cotton bud for the other eye.

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Additional notes on lips - from day 1 and until the flaking comes away:

Avoid spicy, acidic or overly salty foods

Drink ONLY through a straw

Avoid coloured drinks e.g. coffee/red wine

Make sure you are wrapping your lips around your food and not allowing it to touch your lips.

Avoid whitening toothpaste and mouth wash

DAYS 3-10, or until any flaking has come away - all areas:

It's perfectly normal for there to be light scabbing. For some this is light dandruff for a couple of days, for others this is heavier scabbing for a week or more. During this time, please avoid:

Getting the area wet eg take baths instead of showers,

Excessive exercise/sweating hot steam/ saunas/swimming

Abrasive products eg towel/flannel/exfoliants

Touching/picking the area

Using soaps/makeup /products

Facial treatments eg laser/facials/waxing/getting lashes done etc where they may touch the area

Sun/sunbeds! Please cover with hats etc if unavoidable,

Bleach, tint, or fake tan. Do not apply anything to the face while healing or before your top up.

Once the flaking comes away, it's very normal for the area to look pale and patchy. For some it looks completely colourless. This is what we call the 'ghosting' phase. This is completely normal! The colour will slowly make it's way back through over the coming weeks. You won't see the true healed result for about 4 week after the treatment.

If for any reason it doesn't return & your skin didn't respond well, your technician may need to amend the technique, your aftercare & colour choice at your top up.

Going forward, it's important to avoid sun exposure, some exfoliating skincare, and some anti ageing creams on your permanent makeup as these will cause premature fading.

When applying makeup (once healed) ensure you apply around your PMU, or gently wipe the area clean post application. Makeup will mask the pigment and you won't be able to see it.

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